# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



#### **COURSE OUTLINE**

**COURSE TITLE:** Fall Camp – Parks and Outdoor Recreation – Second Year

CODE NO.: NRT 232 SEMESTER: 2011 W

**PROGRAM:** Adventure Recreation and Parks Technician

**AUTHOR:** Lawrence Foster

**DATE:** Aug 2011 **PREVIOUS OUTLINE DATED:** Jan 2010

**APPROVED:** "B.Punch"

CHAIR DATE

TOTAL CREDITS: 3

PREREQUISITE(S): NONE

**HOURS/WEEK:** 5 days

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#### I. COURSE DESCRIPTION:

Over the scheduled five days, 2<sup>nd</sup> year Adventure Recreation and Parks Technician students will take part in 3 days of canoeing and sea kayaking and 2 days of hiking in a remote wilderness camp site.

#### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

#### 1. Complete a 2 day hike

Potential Elements of the Performance:

- Demonstrate appropriate time estimates for disciplines
- Plan appropriate clothing and gear for the day's activities.
- Understand proper nutrition and hydration for different activity, levels of exertion and temperatures.
- Work with team mates cooperatively in a variety of situations and environments
- Demonstrate proper communication techniques and conventions for a variety of sports and activities.
- Understand and demonstrate safe use of equipment in a variety of settings.
- Understand and demonstrate knowledge of the laws for different disciplines such as mountain biking, canoeing, kayaking, climbing and driving.

#### 2. Demonstrate proficiency in sea kayaking fundamentals

Potential Elements of the Performance:

- Demonstrate fundamental knowledge of kayaks, safety gear and paddles.
- Demonstrate knowledge of injury prevention
- Demonstrate rescue skills including:
  - Wet exit
  - o T rescue
  - Emptying a swamped kayak
  - Towing
  - Assisted and Unassisted re-entry
- Demonstrate technical paddling skills including:
  - Lifting and carrying kayak

- Beach landing and entry
- Strokes forward, reverse, sweep and draw
- Bracing and edging and sailing

#### 3. Demonstrate proficiency in canoeing fundamentals

Potential Elements of the Performance:

- Demonstrate fundamental knowledge of canoes, safety gear and paddles.
- Demonstrate knowledge of injury prevention
- Demonstrate rescue skills including:
  - Emptying a swamped canoe
  - Assisted and Unassisted re-entry
- Demonstrate technical paddling skills including:
  - Lifting and carrying canoe
  - Beach landing and entry
  - Strokes forward, reverse, draw, and J

#### 4. Demonstrate proficiency in navigation

Potential Elements of the Performance:

- Demonstrate ability to perform the following skills:
  - o Estimate speed and time for various disciplines
  - Recognize best routes from map
  - o Follow a map and bearing during the day and night
  - Follow a bearing without a compass
  - Recognize potential hazards from a map

## 5. Organize and deliver an interpretive program suitable for family audiences.

Potential Elements of the Performance:

- Understand the importance of good communication and team work skills in coordinating a campfire program
- Plan and organize, in cooperation with the group, an event or activity
- Demonstrate and deliver a professional program suitable for a park interpretive program environment

#### III. TOPICS:

- Kayaking
- 2. Canoeing
- 3. Hiking
- 4. Navigation

- 5. Camping
- 6. Weather forecasting
- 7. Interpretive Program

#### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

See Appendix #1

#### V. EVALUATION PROCESS/GRADING SYSTEM:

The following semester grades will be assigned to students in this course:

S = Satisfactory (Credit granted)

U = Unsatisfactory (Credit not granted)

**NOTE:** Attendance is mandatory. Students must satisfactorily meet all the requirements for this camp and abide by all camp rules in order to obtain an "S" grade.

#### VI. SPECIAL NOTES:

#### Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

#### Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

#### **Prior Learning Assessment:**

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Academic Calendar of Events for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

Substitute course information is available in the Registrar's office.

#### **Disability Services:**

If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

#### Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

#### Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. A professor/instructor may assign a sanction as defined below, or make recommendations to the Academic Chair for disposition of the matter. The professor/instructor may (i) issue a verbal reprimand, (ii) make an assignment of a lower grade with explanation, (iii) require additional academic assignments and issue a lower grade upon completion to the maximum grade "C", (iv) make an automatic assignment of a failing grade, (v) recommend to the Chair dismissal from the course with the assignment of a failing grade. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

#### Student Portal:

The Sault College portal allows you to view all your student information in one place. **mysaultcollege** gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information, timetable, grades, records of achievement, unofficial transcript, and outstanding obligations, in addition to announcements, news, academic calendar of events, class cancellations, your learning management system (LMS), and much more. Go to <a href="https://my.saultcollege.ca">https://my.saultcollege.ca</a>.

#### Electronic Devices in the Classroom:

Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. With the exception of issues related to accommodations of disability, the decision to approve or refuse the request is the responsibility of the faculty member. Recorded classroom instruction will be used only for personal use and will not be used for any other purpose. Recorded classroom instruction will be destroyed at the end of the course. To ensure this, the student is required to return all copies of recorded material to the faculty member by the last day of class in the semester. Where the use of an electronic device has been approved, the student agrees that materials recorded are for his/her use only, are not for distribution, and are the sole property of the College.

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session

#### **Tuition Default:**

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of November will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

## Appendix #1

## Student Mandatory Gear List – Fall Field Camp

The following is a list of mandatory equipment that the students must have to participate in the Adventure Recreation and Park Operations Programs Fall Field Camp. Students may not be allowed to participate without the following items.

Mandatory Personal Safety Gear  (To be carried at all times unless otherwise stated)  □ Compass (adjustable declination / cover)  □ Whistle (Must work at all temperatures)  □ Knife (fixed or locking blade)  □ Flashlight or headlamp (spare batteries)  □ Lighter / waterproof matches  □ Strong cord or string  □ High Calorie Snacks  □ Hydration Crystals (Gatorade)  □ Drinking container (2 Litres total)  Nalgene recommended  □ Sunscreen / lip protection with SPF	Mandatory Personal Equipment  (To be brought to all classes unless otherwise stated)  □ Socks (several pair, wool or 2 part system)  □ Synthetic / wool base layer top  □ Synthetic / wool base layer bottoms  □ Synthetic / wool mid layer top(s)  □ Windproof / waterproof jacket  □ Windproof / waterproof pants  □ Running shoes / sandals  □ Hat for warmth (toque)  □ Hat for sun with brim  □ Sunglasses
<ul> <li>□ Prescription medicine if required</li> <li>□ Watch with alarm</li> </ul>	Suggested Equipment (Not mandatory but will keep you more comfortable)
Mandatory Camping Gear  (For overnight field trips unless otherwise stated)  □ Large back pack □ Dry bags and stuff sacks for gear □ Sleeping bag in dry bag □ Sleeping pad □ Tent (you can share with classmates) □ Towel (small camp type) □ Personal toiletries / hygiene products □ Unbreakable cup	<ul> <li>□ Bug jacket (for black flies and mosquitoes)</li> <li>□ Mosquito repellent</li> <li>□ Camera</li> <li>□ Compression sacks for packing</li> <li>□ Camp chair (integrated with sleeping pad)</li> <li>□ Musical instruments</li> <li>□ Cards</li> <li>□ Evening snacks</li> <li>□ Candle lantern</li> <li>□ Multi tool</li> <li>□ Ear plugs</li> <li>□ Nose plugs for canoe / kayak rescue</li> <li>□ Mole skin / Silicon Based Barrier Cream</li> </ul>
<ul> <li>Interpretive Equipment</li> <li>(See interpretive outline for more information)</li> <li>□ Textbooks required for research</li> <li>□ Manipulative for audience – pamphlets, instruments or tools.</li> <li>□ Equipment for design and delivery of interpretive program – costumes, artifacts or lab equipment.</li> </ul>	Proper Packing Procedures  (Only one backpack and one day pack are allowed)  Day Pack Contains:  ☐ Mandatory Safety Gear and Classroom Supplies to be placed under the seat in front of you on the bus / van.  Large Pack Contains:  ☐ All other gear sorted into smaller stuff sacks and placed in dry bags.